



4910 Charlotte, Nashville, TN 37209 * **615-473-1739**
KSAMARTIALACADEMY.COM

AIKIDO – All Ages - Known as the Art of Reconciliation involving Pins, Immobilizations, and Throws. No-Throw training available.

CAPOEIRA – All Ages - Brazilian Martial Art that combines elements of dance and music with combat skills.

FILIPINO KALI – Teen & Adult - Also referred to as **Filipino Martial Arts**, or **FMA**, Mother Art of **Arnis** and **Escrima**, utilizes a 12-weapon system ranging from empty hand to Sticks, Knife, and Espada.

HAPKIDO – All Ages – Korean interpretation of Aikido that adds in traditional Tae Kwon Do/ Tang Soo Do strikes.

JEET KUNE DO – Teen & Adult - Created by **Bruce Lee**, combines a series of Martial Arts into a highly effective fighting system.

OLYMPIC FIT & RFST – Mix up your workouts using your own body-weight, while gaining strength in multiple areas of your body.

ROCK STEADY BOXING – Parkinson's Patients only - Strength and conditioning training program based on traditional Western Boxing training.

TAE KWON DO – All Ages - Traditional Style, with focus on self-development. Demo/ Competition Team also available.

TAI CHI – All Ages - Chinese Martial Art practiced for defense and health benefits.

Private Sessions available. Pricing varies depending on Instructor level.

Single Art Memberships

\$119.95 / month – 1 Person/ 1 Art/ ∞ Classes

Family/ Group Discounts:

\$199.95 / month – 2 People/ 1 Art/ ∞ Classes

\$289.95 / month – 3 People/ 1 Art/ ∞ Classes

\$379.95 / month – 4+ People/ 1 Art/ ∞ Classes

LEO/ MIL/ EDU Discounts:

\$100 / month – 1 Person/ 1 Art/ ∞ Classes

\$180 / month – 2 People/ 1 Art/ ∞ Classes

\$270 / month – 3+ People/ 1 Art/ ∞ Classes

LEO/ MIL/ EDU Discounts:

\$130 / month – 1 Person/ 1 Art/ ∞ Classes

\$220 / month – 2 People/ 1 Art/ ∞ Classes

\$300 / month – 3+ People/ 1 Art/ ∞ Classes

Limited Session Pricing

\$20 – Single day Drop-in Fee

\$150 – 10 Session Package

Rock Steady Boxing

\$85 / month – Per Boxer with Corner Person

\$85 Registration

Cross-Training Memberships

\$149.95 / month – 1 Person/ All Arts/ ∞ Classes

Family/ Group Discounts:

\$259.95 / month – 2 People/ 1 Art/ ∞ Classes

\$379.95 / month – 3 People/ 1 Art/ ∞ Classes

\$499.95 / month – 4+ People/ 1 Art/ ∞ Classes

Annual Registration Fees

\$50 First Member

+\$25 Each Additional Member

Save \$50-\$100 when you purchase 3- or 6- month memberships

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Mat 1	Mat 2	Mat 1	Mat 2	Mat 1	Mat 2	Mat 1	Mat 2	Mat 1	Mat 2	Mat 1	Mat 2	Mat 1	Mat 2
8:00 AM														
8:30 AM														
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Noon														
12:30 PM														
1:00 PM														
1:30 PM			Home School											
2:00 PM														
2:30 PM			Rock Steady Boxing for Parkinson's											
3:00 PM														
3:30 PM														
4:00 PM														
4:30 PM	Youth Martial Arts		Youth Martial Arts	Yoga for Martial Arts			Youth Martial Arts							
5:00 PM	Aikido			Aikido										
5:30 PM														
6:00 PM	Filipino Martial Arts													
6:30 PM														
7:00 PM	Bruce Lee's Jeet Kune Do													
7:30 PM														
8:00 PM														
8:30 PM														
9:00 PM														
9:30 PM														

Closed/
Special
Workshops
Only

Closed/ Special Workshops
Only

Closed

Closed

Closed

Closed

Closed